



Robert Owings, M.A.
Intuitive Counselor

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Seeking help in challenging times? I offer support and guidance in the following areas:

The school called life:

- Find meaning and purpose
- Find authentic community
- Learn how to surrender, yet win
- Explore vaster options
- Manage challenges more effectively
- Make better choices

*Consultation available by phone
or in person.*

*Contact me for a free 20 minute
introductory session.*

Relationship issues:

- Feel supported in keeping it together, letting it go, and finding the next one
- Learn to understand the complexities of the genders

Shamanic perspectives and guidance:

- Learn how to engage with spirit forces, gods, and ancestors
- Integrate altered states of consciousness and sacred medicine
- Learn to come into balance with difficult energies
- Receive teachings on how to work with disincarnated guides

Death work:

- Prepare for the ultimate transformation
- Work with and help disincarnated souls who died under traumatic circumstances
- Explore what waits beyond the body

Community Building

- Meet others at special groups and salons based on topics of interest for authentic community building, spiritual/personal exploration, socializing, and fun.

Robert Owings is an explorer in the field of consciousness and an award winning author. For years he has been counseling people on a range of personal and financial matters. He holds a master's degree in philosophy and religion, with a concentration in cosmology and consciousness from the California Institute of Integral Studies. He maintains an active interest in an eclectic mix of subjects ranging from transpersonal psychology, altered states of consciousness, alchemy, and complexity theory to Buddhist cosmology, cross-cultural shamanism, and ancient mystery religions.